

# TEGSA

## Bridge Sessions on Sundays

### LOCATION

L'Amoreaux Recreation Centre  
2000 McNicoll Avenue  
Scarborough  
(Kennedy/McNicoll Ave)

### TIME

3:45 PM – 7:00 PM

### MARK YOUR CALENDARS

- ✓ September 29
- ✓ October 6
- ✓ November 3, 17, 24
- ✓ December 8, 15

If you've not been attending TEGSA Bridge on Sundays and would like to join, please email Joachim Menezes at [joachim.menezes@gmail.com](mailto:joachim.menezes@gmail.com).

If you do not wish to receive further emails from TEGSA, please email [torontotegsa@hotmail.com](mailto:torontotegsa@hotmail.com)

**PLAY BRIDGE**



IT'S A FASCINATING GAME

## BENEFITS

- Meaningful social interaction
- Strengthens communication and teamwork skills
- Maintains mental sharpness

